
TRAINING AND LEARNING

CSCS TRAINING



We know attending training can be exciting but also nerve-wracking if you don't know what to expect. Your assigned Apex Scotland worker will already have supported you but here's a quick guide to help you prepare.

If you're booked onto our CSCS course through one of our employability programmes, here is all you need to know.

1. Arrival and Registration

- Arrive on time (plan to get there 10-15 minutes early).
- Bring any required documentation (if this has been requested beforehand).
- Sign in and complete any initial forms provided.

2. The Venue

- You'll be in a classroom or training room in either one of our Hubs or in one of our partners premises, details of where will be given well in advance.
- Equipment and materials needed will be provided.
- Tea/coffee and water will be available.

3. The Timetable

- The day will start with an introduction from our trainer about the course.
- There will be a mix of presentations, group discussions, and practical exercises.
- There will be scheduled breaks for refreshments.

4. Participation from you

- Be ready to ask questions and engage with activities.
- You will be asked to complete an assessment at the end of the course, our trainer is there to make sure you are ready for this.

5. The end of the course

- Your trainer will check you have answered all questions.
- Your trainer will explain the process of your assessment paper being marked and when you will get the results.
- You will be provided with a certificate within a few weeks of completion.
- You might be asked for some feedback at the end of the session.

6. Next Steps

- Information and details on the CITB (Construction Industry Training Board) test will be given to take away with you as well as revision material.
- Once we receive your certificate in Health & Safety in a Construction Environment and you have a pass notification for the CITB test we will make the CSCS card application for you.

Remember being prepared ensures you get the most out of your training day, Your Apex Scotland case worker and your trainer will help you with this. Always check or ask if you need help or something explained. We are here to help you.

**If you or someone you know
needs our help, contact
us today, we have services
throughout Scotland.**

Phone: 0131 220 0130

Email: hello@apexscotland.org.uk

Visit: apexscotland.org.uk